



Specialty Class Schedule

Black Belt Club and Masters Club Exclusive

438-KICK www.438kick.com

	Day	Time	Class
	Friday	4:45 - 5:30	TKD Sparring & MC Mixed Martial Arts
A	Friday	5:30 - 6:00	Nunchaku
B	Friday	6:00 - 6:30	Bo Staff
C	Saturday	10:30 - 11:15	TKD Sparring
D	Saturday	11:15 - 11:45	Bokken
E	Saturday	11:15 - 12:00	Kicks and Tricks (Taught at Vargas Academy of Gymnastics. Separate pricing applies)



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